

GENERAL RECOMMENDATIONS FOR ARTISTS

- **1.** From the day before coming to the studio, it's a good idea to lower your physical effort, take as much rest as possible and get a good night sleep, in order to be in the best possible shape at the recording session. Avoid any kind of controversy or conflict with friends, colleagues or family. A great mood is extremely important for the feeling that will be transmitted also in the recording.
- **2.** It is recommended that the lyrics are known by heart, in order for the artist to give his whole attention on how the message is being transmitted. However, vocalists who prefer to have the lyrics beside them while recording, are advised to bring the paper printed (or handwritten) in the "landscape" position (placed horizontally), as it will have more stability on the stand (the same applies for musical scores).
- **3.** Vocal artists must also take a break from speaking too much in the day of the recording session. Speaking produces sometimes even more vocal fatigue than singing and can make the voice lose its "warmth".
- **4.** It's good for vocalists to avoid consuming carbonated beverages or nectar juices of a thicker type in that day and especially during the recordings (each artist can bring, if desired, according to his personal preferences and needs, 1-2 liters of liquids: non-carbonated juices, or flat mineral water would be preferable for vocalists).
- **5.** A recording studio is not a rehearsal hall, so it is recommendable to arrive at the recording session with the songs learned as perfect as possible. This way, the time needed for obtaining a great quality recording will be shorter.